

Recipe

Get ready to elevate your breakfast game with this **Homemade Blueberry Jam** recipe! Bursting with the natural sweetness and tanginess of fresh blueberries, this jam is a delightful addition to your morning routine. Imagine the aroma of simmering blueberries, sugar, and a hint of lemon filling your kitchen, creating a symphony of flavors that will brighten your day. Whether slathered on toast, drizzled over pancakes, or spooned onto scones, this sweet treat captures the essence of summer in a jar. And the best part? You can savor it year-round! Prepare to indulge in a taste of homemade goodness that's sure to become a household favorite.

Ingredients:

- 4 cups fresh or frozen blueberries
- 1 1/2 cups granulated sugar
- 2 tablespoons lemon juice
- 1 teaspoon lemon zest
- 1/2 teaspoon vanilla extract

Directions:

- 1. In a large saucepan, combine the blueberries and sugar. Stir well to coat the berries with sugar. Let them sit for about 15-20 minutes to macerate.
- 2. After the berries have macerated, place the saucepan over medium-high heat. Bring the mixture to a boil, stirring frequently. Reduce the heat to medium and let it simmer for about 10 minutes, or until the blueberries have softened and the mixture has thickened slightly.
- 3. Add the lemon juice and lemon zest to the saucepan. Stir to combine and continue simmering for an additional 5-7 minutes, or until the jam reaches your desired consistency. You can check the consistency by placing a small amount of jam on a cold plate. If it sets and wrinkles when you push it with your finger, it's ready.
- 4. Remove the saucepan from heat and stir in the vanilla extract.
- 5. Carefully ladle the hot jam into sterilized jars, leaving about 1/4-inch headspace. Wipe the jar rims clean and seal them with sterilized lids and bands.
- 6. Process the jars in a boiling water bath for 10 minutes to ensure they are properly sealed.
- 7. Allow the jars to cool completely before storing them in a cool, dark place. Your homemade blueberry jam is now ready to enjoy!



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Prep Time: 20 minutes | Cooking Time: 25 minutes | Total Time: 45 minutes