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Indulge in the savory goodness of Meatball Parmesan Casserole, featuring tender meatballs, marinara sauce, and gooey melted cheese. This easy-to-make dish is perfect for a cozy family dinner any night of the week.

Ingredients:

- 1 pound of ground beef
- 1 cup of breadcrumbs
- 1 large egg
- 1/2 cup grated Parmesan cheese, plus more for topping
- 2 cloves of garlic, minced
- 2 teaspoons of Italian seasoning
- Salt and pepper to taste
- 1 jar of marinara sauce (about 24 ounces)
- 2 cups of shredded mozzarella cheese
- 1 tablespoon of olive oil
- Fresh basil for garnish (optional)

Instructions:

- 1. **Preheat Oven:** Preheat your oven to 375 degrees Fahrenheit.
- 2. **Prepare Meatball Mixture:** In a large bowl, combine the ground beef, breadcrumbs, egg, 1/2 cup of grated Parmesan cheese, minced garlic, Italian seasoning, salt, and pepper. Mix until all the ingredients are well incorporated.
- 3. **Form Meatballs:** Form small meatballs out of the mixture, making about 16 to 20 meatballs.
- 4. **Brown Meatballs:** Heat olive oil in a large pan over medium heat. Brown the meatballs on all sides, then remove them from the pan. This should take about 5 to 7 minutes.
- 5. **Prepare Baking Dish:** Pour a thin layer of marinara sauce into the bottom of a baking dish
- 6. **Arrange Meatballs:** Place the browned meatballs on top of the sauce in the dish.
- 7. **Add Sauce:** Pour the remaining marinara sauce over the meatballs, ensuring they are well covered.
- 8. **Top with Cheese:** Sprinkle shredded mozzarella cheese generously over the meatballs and sauce.



- 9. **Sprinkle Parmesan:** Top with an additional sprinkle of grated Parmesan cheese.
- 10. **Bake:** Bake in the preheated oven for about 20 to 25 minutes, or until the cheese is bubbly and lightly golden on top.
- 11. **Garnish (Optional):** Before serving, garnish with fresh basil for a touch of color and freshness.



Meatball Parmesan Casserole

Serving Suggestions:

Enjoy your Meatball Parmesan Casserole straight out of the oven for the best melted cheese experience!

Prep Time: 15 minutesCook Time: 30 minutesTotal Time: 45 minutesYield: 4-6 servings



Notes:

- You can use homemade or store-bought marinara sauce for convenience.
- Feel free to add additional seasonings or herbs to the meatball mixture for extra flavor.
- Leftovers can be stored in an airtight container in the refrigerator for up to 3 days.

Cook Techniques:

- Browning the meatballs before baking adds flavor and texture to the dish.
- Layering the meatballs with sauce and cheese ensures every bite is deliciously cheesy and saucy.

You may like:

- Meatball Parmesan Casserole Recipe
- Classic Shepherd's Pie Recipe
- Cheesy Chicken Alfredo Dip Recipe
- Beer Battered Onion Rings Recipe
- Chicken Cordon Bleu Casserole Recipe











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Author: Elowen Thorn

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Did you make this recipe?

Share a photo and tag us — we can't wait to see what you've made!

@savorydiscovery



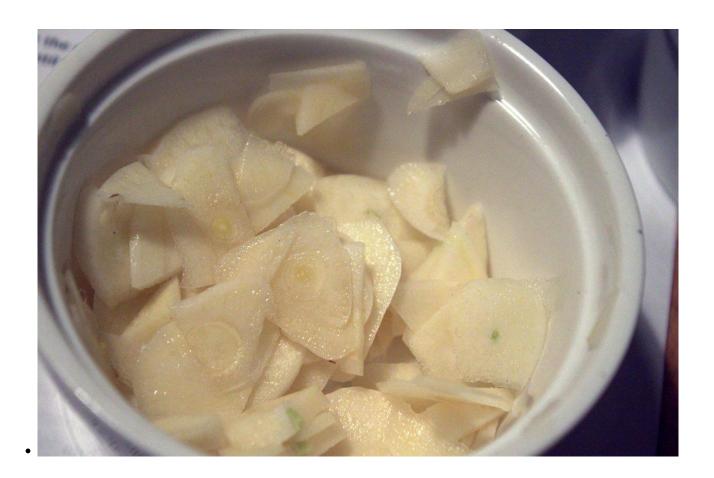


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My grandmother taught me how to make fermented garlic, and I still do it! It has saved me several times!