



Cornbread Cowboy Casserole

## Introduction

Cornbread Cowboy Casserole is a delightful dish that combines the comforting textures of

cornbread with hearty ingredients to create a flavorful meal perfect for any occasion. This recipe is not only easy to prepare but also offers a satisfying combination of tastes and textures that will please the whole family. With just the right amount of spice and a cheesy topping, this casserole is a great choice for a cozy dinner or a potluck gathering.

## Detailed Ingredients with measures

1. Ground beef - 1 pound
2. Onion - 1 medium, diced
3. Bell pepper - 1 medium, diced
4. Corn - 1 cup (frozen or canned, drained)
5. Black beans - 1 can (15 oz), drained and rinsed
6. Diced tomatoes - 1 can (15 oz), undrained
7. Taco seasoning - 1 packet (about 1 oz)
8. Cornbread mix - 1 box (about 8.5 oz)
9. Milk - 1 cup
10. Eggs - 2 large
11. Shredded cheese - 1 cup (cheddar or your choice)
12. Cooking oil - 1 tablespoon (for sautéing)

## Prep Time

15 minutes

## Cook Time, Total Time, Yield

Cook Time: 30 minutes

Total Time: 45 minutes

Yield: Serves 6-8 people



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## **Detailed Directions and Instructions**



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