



Gumbo Greens with Cabbage

## **Introduction**

Gumbo greens with cabbage is a delightful dish that brings together the robust flavors of

traditional Southern cuisine. This recipe combines the nutritional benefits of greens with the satisfying crunch of cabbage, all simmered in a flavorful broth. Whether you're looking for a hearty side dish or a main course, this gumbo greens recipe is versatile, delicious, and easy to prepare.

## Detailed Ingredients with measures

- 1 bunch collard greens, chopped
- 1 bunch kale, chopped
- 1 small head of cabbage, chopped
- 1 medium onion, diced
- 2 cloves garlic, minced
- 1 bell pepper, diced
- 4 cups vegetable broth
- 1 teaspoon smoked paprika
- 1 teaspoon cayenne pepper (optional)
- 2 tablespoons olive oil
- Salt and pepper to taste
- Lemon wedges for serving

## Prep Time

The preparation time for gumbo greens with cabbage is approximately 15 minutes. This includes washing and chopping the greens and vegetables.

## Cook Time, Total Time, Yield

- Cook time: 30 minutes
- Total time: 45 minutes
- Yield: Serves 4-6 people





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## **Detailed Directions and Instructions**



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