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Marry Me Chicken

Introduction

Marry Me Chicken is an exquisite and delicious dish that combines tender chicken breasts with a rich and creamy sauce infused with sun-dried tomatoes, garlic, and parmesan cheese. This dish is not only simple to prepare but also has the power to impress your loved ones, making it perfect for date nights or special occasions. The name itself suggests that once you serve this dish, you may just find someone wanting to spend their life with you!

Detailed Ingredients with measures

Chicken breasts - 4 pieces
Salt - to taste
Black pepper - to taste
Olive oil - 2 tablespoons
Butter - 2 tablespoons
Garlic - 4 cloves, minced
Sun-dried tomatoes - 1 cup, chopped
Chicken broth - 1 cup
Heavy cream - 1 cup
Parmesan cheese - 1 cup, grated
Fresh basil - for garnish

Prep Time

15 minutes

Cook Time, Total Time, Yield

Cook Time: 25 minutes

Total Time: 40 minutes

Yield: 4 servings



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Detailed Directions and Instructions

Step 1: Prepare the Chicken

Season the chicken breasts on both sides with salt and pepper.

Step 2: Sear the Chicken

In a large skillet, heat olive oil over medium-high heat. Add the chicken to the skillet and cook for about 5-7 minutes on each side until golden brown and cooked through. Remove the chicken from the skillet and set it aside.

Step 3: Make the Sauce

In the same skillet, add butter and let it melt. Stir in minced garlic and cook until fragrant, about 30 seconds.

Step 4: Add Cream and Broth

Pour in heavy cream and chicken broth to the skillet. Stir well to combine, bringing the mixture to a simmer.

Step 5: Add Seasonings

Mix in Italian seasoning, crushed red pepper flakes, and Parmesan cheese. Stir until the cheese is melted and the sauce is smooth.

Step 6: Return the Chicken

Place the seared chicken back into the skillet, spooning the sauce over the top. Let it simmer for a few minutes to reheat the chicken and allow the flavors to meld.

Step 7: Finish with Basil

Garnish the dish with fresh basil before serving. Serve the chicken over pasta, rice, or with a side of vegetables.

Notes**Serving Suggestions**

This dish pairs well with a side of garlic bread or a green salad.

Storage Instructions

Leftovers can be stored in an airtight container in the refrigerator for up to 3 days. Reheat gently in a skillet over low heat.

Variations

You can add sun-dried tomatoes or spinach to the sauce for additional flavor and nutrition.

Substitutions

If you prefer, substitute the heavy cream with a lighter option, such as half-and-half or coconut milk. Adjust the seasoning as necessary.



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Cook techniques

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