



Dr. Pepper Barbecue Sloppy Joes

Introduction

Dr. Pepper Barbecue Sloppy Joes offer a unique twist on a classic comfort food. This recipe combines the sweetness of Dr. Pepper with tangy barbecue sauce to create a delicious, flavorful filling that's perfect for any casual gathering. Easy to make and satisfying, these sloppy joes are sure to please both kids and adults alike.

Detailed Ingredients with measures

- 1 lb ground beef
- 1 small onion, diced
- 1 small green bell pepper, diced
- 1 cup Dr. Pepper soda
- 1/2 cup barbecue sauce (your favorite kind)
- 1/4 cup ketchup
- 1 tablespoon Worcestershire sauce
- 1 tablespoon brown sugar
- 1 teaspoon garlic powder
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 6 hamburger buns

Prep Time

10 minutes

Cook Time, Total Time, Yield

Cooking Time: 20 minutes

Total Time: 30 minutes

Yield: 6 servings

Enjoy these hearty and flavorful Dr. Pepper Barbecue Sloppy Joes at your next meal! They are simple to make and are sure to become a family favorite.



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Detailed Directions and Instructions

Cook the Ground Beef

In a large skillet, cook the ground beef over medium heat until browned. Use a spoon to break up the meat as it cooks. After the beef is browned, drain any excess fat from the skillet.

Add Vegetables

Add the diced onion and green bell pepper to the skillet with the ground beef. Cook for 3-4 minutes, stirring occasionally, until the vegetables soften.

Make the Sauce

Pour in the Dr. Pepper, followed by the barbecue sauce, ketchup, Worcestershire sauce, brown sugar, garlic powder, smoked paprika, salt, and black pepper. Stir the mixture well and bring it to a simmer over medium heat.

Simmer the Sloppy Joes

Once simmering, reduce the heat to low and let the mixture simmer for 10-15 minutes. Stir occasionally, allowing the sauce to thicken and coat the beef.

Assemble the Sloppy Joes

Spoon the hearty sloppy joe mixture onto each hamburger bun. Serve the sandwiches warm and enjoy your meal!

Notes

Prep Time



10 minutes

Cooking Time

20 minutes

Total Time

30 minutes

Nutrition Information

Approximately 450 kcal per serving.

Servings

This recipe makes 6 servings.



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Cook techniques

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