



Three-Ingredient Chocolate Burfi

## Introduction

Chocolate burfi is a delightful Indian sweet that is not only rich in flavor but also incredibly



easy to make. With just three simple ingredients, this recipe promises a quick and satisfying treat. Perfect for festivals, celebrations, or just a sweet craving, this chocolate burfi is sure to impress your family and friends.

## **Detailed Ingredients with measures**

Sugar - 1 cup Milk powder - 1 cup Ghee -  $\frac{1}{2}$  cup

## **Prep Time**

15 minutes

## Cook Time, Total Time, Yield

Cook Time: 20 minutes Total Time: 35 minutes

Yield: Approximately 10-12 pieces





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## **Detailed Directions and Instructions**



#### **Prepare the Ingredients**

Gather the three main ingredients: condensed milk, cocoa powder, and ghee (clarified butter). Ensure that all ingredients are measured accurately for the best results.

#### **Cook the Mixture**

In a non-stick pan, combine the condensed milk and cocoa powder. Place the pan on low heat and stir continuously.

#### **Incorporate Ghee**

Once the cocoa powder is well mixed with the condensed milk, add the ghee into the mixture. Continue to stir to ensure that all ingredients are well combined.

#### Thicken the Mixture

Continue cooking the mixture on low heat while stirring constantly. The mixture will begin to thicken as it cooks. Look for a smooth and glossy texture.

#### Transfer to a Greased Plate

Once the mixture thickens and starts to leave the sides of the pan, remove it from the heat. Grease a plate or a tray with ghee, and pour the mixture onto it.

#### **Spread and Set**

Use a spatula to spread the mixture evenly on the greased plate. Allow it to cool at room temperature for a few hours until it sets properly.

#### **Cut into Pieces**

Once the burfi is set, cut it into squares or diamond shapes using a sharp knife.

#### **Store Properly**

Store the chocolate burfi in an airtight container at room temperature or in the refrigerator to maintain freshness.



### **Notes**

#### **Consistency Matters**

Ensure that the mixture reaches the right consistency by watching for it to leave the sides of the pan. It should not be too runny.

#### **Garnishing Options**

You may add chopped nuts or desiccated coconut on top of the burfi before it sets for added flavor and texture.

#### **Experiment with Flavors**

Feel free to experiment with flavors by adding a pinch of salt, vanilla extract, or cardamom to the mixture for a unique twist.

#### **Serving Suggestions**

Chocolate burfi can be served as a dessert during festivals or special occasions and pairs well with tea or coffee.





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## **Cook techniques**



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