



Banana Bread Brownies



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Introduction

Banana Bread Brownies combine the best of both worlds, offering a delightful, moist dessert that holds the warmth of banana bread while delivering the rich flavors of brownies. This unique treat is perfect for those who cannot decide between the two classic baked goods. Each bite is a harmonious blend of sweetness, banana flavor, and fudgy texture, making it an irresistible choice for any occasion.

Detailed Ingredients with measures

Bananas: 2 ripe bananas

Butter: 1/2 cup unsalted butter, melted

Sugar: 1 cup granulated sugar

Brown Sugar: 1/2 cup packed brown sugar

Eggs: 2 large eggs

Vanilla Extract: 1 teaspoon pure vanilla extract

All-Purpose Flour: 1 cup all-purpose flour

Cocoa Powder: 1/3 cup unsweetened cocoa powder

Baking Soda: 1/2 teaspoon baking soda

Salt: 1/4 teaspoon salt

Chocolate Chips: 1/2 cup semi-sweet chocolate chips

Prep Time

20 minutes

Cook Time, Total Time, Yield

Cook Time: 25-30 minutes

Total Time: 45-50 minutes

Yield: 12 servings



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Detailed Directions and Instructions

Step 1: Preheat the Oven

Preheat your oven to 350°F (175°C) and prepare a baking pan by greasing it or lining it with parchment paper.

Step 2: Prepare the Banana Mixture

In a large mixing bowl, mash 2 ripe bananas until smooth.

Step 3: Combine Ingredients

Add sugar, melted butter, an egg, and vanilla extract to the mashed bananas. Mix until well combined.

Step 4: Add Dry Ingredients

In a separate bowl, whisk together all-purpose flour, cocoa powder, baking soda, and salt. Gradually mix this dry mixture into the wet ingredients until just combined.

Step 5: Incorporate Chocolate Chips

Fold in chocolate chips to the batter for added sweetness and richness.

See also [Zebra Cake](#)

Step 6: Transfer to Baking Pan

Pour the batter into the prepared baking pan, spreading it evenly.

Step 7: Bake the Brownies

Place the pan in the preheated oven and bake for approximately 25-30 minutes, or until a toothpick inserted comes out clean.

Step 8: Cool and Serve

Once baked, remove from the oven and let the brownies cool in the pan for about 10 minutes before transferring to a wire rack to cool completely. Cut into squares and serve.

Notes

Storage Recommendations

Store the banana bread brownies in an airtight container at room temperature for up to 3 days or refrigerate for up to a week.

Flavor Variations

Feel free to add nuts or use different types of chocolate chips (like dark or white chocolate) for a unique twist.

Substitutions

You can replace the all-purpose flour with a gluten-free flour blend for a gluten-free version.

Ripeness of Bananas

Using very ripe bananas will yield a sweeter and more flavorful brownie.



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Cook techniques

Mashing the Bananas

Mashing bananas thoroughly ensures an even distribution throughout the brownie mix, which enhances the moisture and flavor of the final product.

Mixing Ingredients

When combining wet and dry ingredients, mix just until combined. Overmixing can lead to denser brownies.

Baking at the Right Temperature

Baking at the specified temperature is crucial for achieving the perfect texture. Too low may result in undercooked brownies, while too high can lead to a dry outcome.

Checking for Doneness

To check if the brownies are done, insert a toothpick into the center. If it comes out with a few moist crumbs, they are ready to be taken out of the oven.

See also [Healthy Cabbage Soup Recipe for Weight Loss](#)

Cooling Properly

Allow the brownies to cool completely in the pan before cutting. This helps them set and makes slicing easier.

FAQ

Can I use overripe bananas for this recipe?

Yes, overripe bananas are ideal as they add natural sweetness and moisture to the brownies.

Can I substitute ingredients?

Yes, you can experiment with substitutes, such as using applesauce instead of butter or different types of flour.

How should I store the brownies?

Store the brownies in an airtight container at room temperature for up to a week or in the refrigerator for longer freshness.

Can these brownies be frozen?

Yes, these brownies freeze well. Wrap them tightly in plastic wrap and place them in an airtight container or freezer bag.

Can I add nuts or chocolate chips?

Absolutely! Adding nuts or chocolate chips can enhance the flavor and texture of the brownies.



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Conclusion

With the delicious blend of banana bread and brownies, this recipe delivers a scrumptious treat that satisfies cravings for both flavors. The moist texture and rich taste ensure that every bite is a delightful experience. Whether enjoyed as a dessert or a snack, these banana bread brownies are sure to be a hit among friends and family.

More recipes suggestions and combination

Chocolate Chip Banana Bread

Combine the beloved flavors of chocolate chip cookies with classic banana bread for a sweet twist that everyone will love.

Peanut Butter Swirled Banana Brownies

Add dollops of creamy peanut butter to your banana brownies for a rich, nutty flavor that elevates the dish.

Cinnamon Sugar Banana Muffins

Transform the banana bread concept into muffins, sprinkled with a delightful cinnamon sugar topping for a breakfast treat.

See also Fried Cinnamon Apple Rings

Banana Caramel Blondies

Incorporate layers of caramel sauce into a banana blondie recipe for a decadent dessert that's hard to resist.

Nutella-Stuffed Banana Bread

Create a luscious surprise by adding Nutella into your banana bread for a sweet and gooey indulgence.

Banana Oatmeal Cookies

Combine oats and bananas to create healthy, chewy cookies that are perfect for a nutritious snack or breakfast on-the-go.

Banana Cream Pie Bars

Infuse the flavor of banana cream pie into bar form for an easy-to-serve dessert that's packed with creamy goodness.



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