



# Carrot Apple Salad Recipe

Introducing our new twist on a classic salad: Carrot Apple Salad! This light and refreshing dish is perfect for any summer gathering.

## Ingredients:

- 4 cups grated carrots
- 3 apples, cored and diced
- 1/2 cup raisins
- 1/2 cup chopped walnuts
- 1/4 cup Greek yogurt
- 2 tbsp honey
- 1 tbsp lemon juice
- Salt and pepper to taste

## Directions:

1. Combine grated carrots, diced apples, raisins, and walnuts in a large bowl.

2. In a separate bowl, mix Greek yogurt, honey, lemon juice, salt, and pepper until well blended.
3. Pour the dressing over the carrot and apple mixture and toss to coat.
4. Chill in the refrigerator for at least 30 minutes.
5. Serve chilled and enjoy the delicious flavors!

This Carrot Apple Salad is a simple and healthy option for any occasion.  
#CarrotAppleSalad #SimpleRecipes #HealthyEating #SummerSalad  
#NoDietFood

See also Peach Cake with Brown Sugar Frosting