



Dates and Walnut Cake



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Introduction

Indulging in a moist and flavorful cake is one of life's simple pleasures. The dates and walnut cake stands out as a delightful dessert that combines the natural sweetness of dates with the rich texture of walnuts. This cake is not only easy to make but also offers a nutritious twist to traditional baking. Perfect for any occasion, it's a great way to satisfy your sweet tooth while incorporating healthy ingredients.

Detailed Ingredients with measures

Dates - 1 cup, chopped
Walnuts - 1 cup, roughly chopped
All-purpose flour - 1 ½ cups
Sugar - ¾ cup
Baking powder - 1 tsp
Baking soda - ½ tsp
Salt - ½ tsp
Eggs - 2, large
Vegetable oil - ½ cup
Vanilla extract - 1 tsp
Milk - ½ cup

Prep Time

Preparation of this delightful cake takes about 15 to 20 minutes, allowing you to quickly assemble the ingredients and get started on the baking process.

Cook Time, Total Time, Yield

The cook time for the dates and walnut cake is approximately 45 to 50 minutes. In total, including prep, you can expect to spend about 1 hour and 10 minutes on this delicious treat. This recipe yields one 9-inch round cake, enough to serve around 8 to 10 people, making it a great choice for gatherings or family celebrations.



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Detailed Directions and Instructions

Preheat the Oven

Preheat your oven to 180°C (350°F) to ensure it reaches the right temperature for baking.

Prepare the Baking Pan

Grease and line a 9-inch round cake pan with parchment paper to prevent the cake from sticking.

See also Spinach Artichoke Dip

Combine Wet Ingredients

In a mixing bowl, combine the chopped dates and walnuts with the melted butter. Stir until well mixed.

Add Sugar and Eggs

In the same bowl, add brown sugar and eggs. Beat the mixture until it becomes smooth and fluffy.

Mix in Dry Ingredients

Sift the flour, baking powder, and a pinch of salt into the wet mixture. Gently fold the dry ingredients into the batter until just combined.

Add Vanilla Extract

Incorporate the vanilla extract into the batter, ensuring even distribution throughout the mixture.

Transfer to Baking Pan

Pour the batter into the prepared cake pan, ensuring it is evenly spread.

Bake the Cake

Bake in the preheated oven for 30-35 minutes or until a toothpick inserted into the center comes out clean.

Cool the Cake

Once baked, remove the cake from the oven and allow it to cool in the pan for 10 minutes. Then transfer it to a wire rack to cool completely.

Notes

Storage Instructions

Store the cake in an airtight container at room temperature for up to 3 days, or in the refrigerator for up to a week.

Substitutions

You can substitute walnuts with pecans or leave them out entirely if desired.

Serving Suggestions

Serve the cake plain or with a dollop of whipped cream for a delightful treat.

Vegan Option

To make a vegan version, substitute the eggs with flaxseed meal mixed

with water and use a plant-based butter alternative.



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Cook techniques

Mashing Dates

Mashing dates makes them easier to incorporate into the cake batter, allowing for a smoother texture and stronger flavor integration.

See also [BBQ Chicken Dip](#)

Chopping Walnuts

Chop walnuts to ensure even distribution in the cake, adding crunch and nutty flavor without overwhelming any single bite.

Using a Mixer

Using an electric mixer helps to aerate the batter, making the cake light and fluffy. Make sure to mix until just combined to avoid overmixing.

Greasing the Baking Pan

Properly greasing the baking pan is crucial to prevent the cake from sticking, ensuring a clean release after baking.

Testing for Doneness

Use a toothpick or cake tester to check for doneness. If it comes out clean or with a few moist crumbs, the cake is ready.

FAQ

Can I use other nuts instead of walnuts?

Yes, you can substitute walnuts with other nuts such as pecans or

almonds if you prefer.

How long can I store the dates and walnut cake?

The cake can be stored in an airtight container at room temperature for up to 3 days or refrigerated for up to a week.

Can I freeze the cake?

Yes, you can freeze the cake. Wrap it tightly in plastic wrap and aluminum foil, and it will stay fresh for up to 3 months.

Is it necessary to soak the dates before using?

Soaking dates can make them softer and easier to mash, but it's not necessary if you have fresh, soft dates.

What can I serve with the dates and walnut cake?

The cake pairs well with a dollop of whipped cream or a scoop of vanilla ice cream for added richness.



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Conclusion

The dates and walnut cake is a delightful treat that combines the natural sweetness of dates with the rich, earthy flavor of walnuts. This cake not only satisfies your sweet tooth but also provides a wholesome, nutritious option for dessert. The combination of flavors and textures makes it a perfect choice for any occasion, whether it be a cozy family gathering or a festive celebration.

See also [Classic New York Cheesecake](#)

More recipes suggestions and combination

Chocolate and Walnut Brownies

Try indulging in fudgy brownies made with rich chocolate and crunchy walnuts for an added texture and flavor.

Carrot and Walnut Cake

Elevate your traditional carrot cake by incorporating walnuts, complementing the sweetness of the carrots with a nutty crunch.

Banana and Walnut Muffins

Whip up moist banana muffins with chunks of walnuts for a perfect breakfast or snack that's both satisfying and energy-boosting.

Spiced Apple and Date Cake

Combine spiced apples with the natural sweetness of dates for a unique twist on a traditional cake that brings warmth to your palate.

Chocolate Chip and Walnut Cookies

Bake classic chocolate chip cookies with the addition of walnuts for extra texture and a delightful nutty flavor in every bite.



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