



Sultan's Cream



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Introduction

Krem Sultanski is a delightful Polish dessert that combines the richness of cream with the sweetness of fruits. Its smooth texture and fruity flavor make it a favorite among dessert lovers. This recipe offers a simple way to prepare this indulgent treat at home, perfect for special occasions or a sweet ending to any meal.

Detailed Ingredients with measures

- 500 ml cream
- 200 ml milk
- 100 g sugar
- 3 egg yolks
- 30 g cornstarch
- A pinch of salt
- 1 teaspoon vanilla extract
- Assorted fruits for topping (such as berries, bananas, or peaches)

Prep Time

Preparation time for Krem Sultanski is approximately 15 minutes. This step involves gathering ingredients and getting the mixture ready for cooking.

Cook Time, Total Time, Yield

The cooking time for this dessert is around 20 minutes. Thus, the total

time from start to finish will be about 35 minutes. This recipe yields four servings, making it an excellent choice for a small gathering or a family dessert. Enjoy the smooth and creamy goodness of Krem Sultanski, a treat that's sure to impress!



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Sultan's Cream

Detailed Directions and Instructions

Step 1: Prepare the Ingredients

Gather all required ingredients including semolina, milk, sugar, and vanilla. Ensure you have the necessary kitchen tools ready, such as a saucepan and a whisk.

Step 2: Heat the Milk

Pour the milk into a saucepan and place it over medium heat. Allow the milk to warm up gently, making sure it does not boil.

Step 3: Mix Semolina and Sugar

In a separate bowl, combine semolina and sugar. Stir the mixture to evenly distribute the sugar throughout the semolina.

See also [Strawberry Cheesecake Cookies](#)

Step 4: Combine Mixtures Gradually

Once the milk is warm, gradually add the semolina and sugar mixture to the milk, whisking constantly to prevent lumps from forming.

Step 5: Thicken the Mixture

Continue to cook the mixture over medium heat, stirring frequently, until it thickens. This should take around 5-10 minutes.

Step 6: Add Flavoring

When the mixture has thickened to your desired consistency, remove it from the heat. Stir in the vanilla extract for flavor.

Step 7: Cool and Serve

Transfer the thickened mixture into serving bowls or glasses. Allow it to cool at room temperature, then refrigerate it for a couple of hours before serving.

Notes

Note 1: Consistency

Adjust the amount of semolina to achieve your preferred consistency; more semolina will yield a thicker cream.

Note 2: Sweetness

Feel free to adjust the sugar according to your taste preference, making it sweeter or less sweet as desired.

Note 3: Serving Suggestions

The cream can be served plain or topped with fruit, nuts, or chocolate for additional flavor and texture.

Note 4: Storage

Store any leftovers in the refrigerator, and consume within a few days for optimal freshness.



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Cook techniques

Heating and Cooling

Master the technique of controlling temperature by heating liquids to the right temperature for blending and cooling them to achieve the desired consistency.

Blending

Utilize a blender to combine ingredients smoothly, ensuring even mixing and a creamy texture in the final dish.

Straining

After blending, strain the mixture to remove any unwanted solids or fibers, resulting in a silky-smooth consistency.

Flavor Balancing

Experiment with adding seasonings to enhance flavors, making sure to taste and adjust as necessary for a well-balanced creamy texture.

See also [Super Bowl Party Recipes for Everyone](#)

FAQ

What type of blender is best for making sultanski cream?

A high-speed blender is ideal for achieving a perfect, creamy texture.

Can I substitute any ingredients in the sultanski cream recipe?

Yes, you can try different variations, but be mindful of how substitutions

may affect the final flavor and texture.

How long does the sultanski cream last in the refrigerator?

Typically, it can last up to 3-5 days when stored properly in an airtight container.

Can I freeze sultanski cream?

While it can be frozen, the texture may change upon thawing, so it's best enjoyed fresh.

What dishes can I pair with sultanski cream?

Sultanski cream can be served with various desserts, fruits, or used as a topping for cakes and pastries.



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Conclusion

The Sultanski cream is a delightful dessert that combines rich flavors and creamy textures, making it an excellent choice for any occasion. Its unique combination of ingredients not only satisfies the palate but also offers a visual appeal that can impress guests. With its versatile nature, the cream can be paired with various toppings and garnishes, allowing you to customize it to your preference.

More recipes suggestions and combination

Fruit Toppings

Enhance the Sultanski cream by adding fresh fruits like strawberries, raspberries, or berries for a refreshing twist.

Nuts and Crunch

Incorporate crushed nuts such as almonds or walnuts to add an interesting crunch to the creamy texture.

Chocolate Variations

Try drizzling melted chocolate or chocolate shavings on top for an extra indulgent treat.

Spiced Versions

Add a hint of cinnamon or nutmeg to create a spiced version that intensifies the flavor profile.

See also Breakfast Casserole with Biscuits

Coconut Flakes

Sprinkle toasted coconut flakes on top for an exotic touch that complements the creaminess nicely.

Layered Desserts

Use the Sultanski cream as a layer in trifles or parfaits, combined with sponge cake and fruit for a stunning presentation.

Ice Cream Float

Serve the Sultanski cream over a scoop of vanilla ice cream for a delicious dessert float experience.

Graham Cracker Crust

Create a dessert pie by using a graham cracker crust and filling it with the Sultanski cream for a delightful dessert.



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