



# Sweet Bread Strata

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## Introduction

On the notable date of 2024-08-24T11:59:19.000Z, we are bringing you an in-depth look at a beloved recipe featured on AllRecipes: the Sweet Bread Strata. This delicious dish blends layers of sweet bread with a rich custard, making it an ideal breakfast or brunch option. Whether you are a seasoned cook or newly exploring the culinary world, this guide will help you create a mouth-watering Sweet Bread Strata, perfect for any occasion.

## Detailed Ingredients

To ensure the perfect Sweet Bread Strata, gather the following

### ingredients:

- 1 loaf of sweet bread (challah or brioche recommended)
- 6 large eggs
- 2 cups milk (whole or 2%)
- 1 cup heavy cream
- 1/2 cup sugar
- 1 tablespoon vanilla extract
- 1/4 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/2 cup raisins or dried fruit (optional)
- Butter for greasing the baking dish

## Prep Time, Cook Time, Total Time, Yield

Here is a general overview of the time commitment required for this recipe:

- **Prep Time:** 15 minutes
- **Cook Time:** 45 minutes
- **Total Time:** 1 hour
- **Yield:** Serves 8

## Detailed Directions and Instructions

1. **Preheat and Prepare:** Preheat your oven to 350°F (175°C). Butter a 9×13-inch baking dish generously to ensure the strata does not stick.
2. **Slice the Bread:** Cut the loaf of sweet bread into 1-inch thick slices. Lay the slices out on a baking sheet and bake in the preheated oven for 5 minutes to lightly toast them.
3. **Prepare the Custard:** In a large mixing bowl, whisk together the

eggs, milk, heavy cream, sugar, vanilla extract, salt, cinnamon, and nutmeg until well blended.

4. **Layer the Strata:** Arrange half of the toasted bread slices in the bottom of the prepared baking dish. Sprinkle raisins or dried fruit over the first layer, if using. Pour half of the custard mixture over the bread. Arrange the remaining bread slices on top and pour the remaining custard over them, ensuring all pieces are soaked.
5. **Soak and Bake:** Let the assembled strata sit for at least 20 minutes, allowing the bread to absorb the custard. You can also refrigerate it overnight for convenience. When ready, bake in the preheated oven for 45 minutes, or until the top is golden brown and the custard is set.
6. **Cool and Serve:** Once baked, remove the strata from the oven and let it cool for 10 minutes before serving. This will help it set further and make it easier to cut. Serve warm and enjoy!

See also [Creamy Chicken Tetrazzini Recipe for Easy Weeknights](#)

## Notes

Here are some important notes and tips for making Sweet Bread Strata:

- You can substitute the sweet bread with a different bread of your choice, such as a day-old French baguette or even croissants for a richer flavor.
- Feel free to add in fruits like sliced bananas or fresh berries for added flavors and textures.
- If you prefer a less sweet version, reduce the sugar to 1/4 cup or omit it entirely and serve the strata with maple syrup or honey.
- This strata can also be made savory by omitting the sugar and adding ingredients like cheese, ham, or vegetables.

## Cook Techniques

To perfect your Sweet Bread Strata, consider these cooking techniques:

- **Toasting the Bread:** Lightly toasting the bread slices helps them better absorb the custard without becoming overly soggy.
- **Layering:** Properly layering the