

The 100-Idea Fall Bucket List Planner

A printable companion to the hundred-idea autumn list

Print this planner, tape it inside a cupboard door, and work it all autumn. It holds the complete hundred-idea list as six tick-sheets, the ten-ten rule for choosing what you will actually do, a starter five for the weeks that get away from you, a cost and effort scorecard, rainy-day swap cards to cut out, and a memory log at the back.

How to Use This Planner

1. Flick through all six tick-sheets once. Do not decide anything on the first pass — just get the shape of the season into your head.
2. Tick anything that gets an immediate yes. Most people tick somewhere between twenty and forty of the hundred.
3. Apply the ten-ten rule on page 8: pull ten must-dos and keep ten maybes. Let the other eighty go for this year without guilt.
4. Put your ten on the calendar with a date next to each one. An idea with no date is a wish.
5. Run the Sunday reset each week and tick the sheets as you go. Finishing eight of your ten is a season well spent.

This list is a menu, not a scoreboard. Nobody finishes a hundred ideas, and the people who try enjoy the season least. Print the sheets you need and leave the rest.

Tick Sheet 1 of 6: Outdoors and Nature

#	Idea	Cost	Time	Done
1	Jump in a pile of leaves	Free	20 min	
2	Rake the biggest leaf pile you can manage	Free	45 min	
3	Take a foliage drive to find the best colour	Free	Half a day	
4	Walk a woodland trail and collect leaves	Free	1 hour	
5	Hike a local trail you have never tried	Free	2–3 hours	
6	Find five different leaf shapes and press them	Free	30 min	
7	Go apple picking at a pick-your-own orchard	\$\$	2 hours	
8	Choose a pumpkin straight off the vine	\$\$	1 hour	
9	Navigate a corn maze	\$\$	1 hour	
10	Take a hayride	\$	30 min	
11	Try something unfamiliar from a farmers market	\$	1 hour	
12	Go stargazing on a clear cold night	Free	1 hour	
13	Bike a rail trail through the changing trees	Free	2 hours	
14	Have a picnic in the cold	Free	2 hours	
15	Camp one night in the back garden	Free	Overnight	
16	Watch a sunset from somewhere with a wide view	Free	45 min	
17	Photograph the same tree every week	Free	10 min weekly	

Tick Sheet 2 of 6: Food, Baking and the Cosy Kitchen

#	Idea	Cost	Time	Done
18	Bake a pumpkin loaf	\$	1.5 hours	
19	Make applesauce on the stove	\$	45 min	
20	Bake an apple pie from scratch	\$\$	3 hours	
21	Make caramel apples	\$	40 min	
22	Roast pumpkin seeds	\$	30 min	
23	Make chilli and eat it in front of a film	\$\$	1.5 hours	
24	Bake cinnamon rolls on a cold morning	\$	2.5 hours	
25	Make a pot of soup that lasts three days	\$	1 hour	
26	Mix your own pumpkin spice blend and jar it	\$	10 min	
27	Make one slow-cooker meal you have never tried	\$	6 hours	
28	Make mulled cider on the hob	\$	30 min	
29	Set up a hot chocolate bar with toppings	\$	20 min	
30	Bake a loaf of bread by hand	\$	4 hours	
31	Simmer a fall simmer pot on the stove	\$	2 hours	
32	Make granola for the week	\$	45 min	
33	Have breakfast for dinner	\$	40 min	
34	Make your own pumpkin spice latte at home	\$	15 min	

Tick Sheet 3 of 6: Home, Decor and Crafts

#	Idea	Cost	Time	Done
35	Hang a wreath on the front door	\$\$	1 hour	
36	Decorate the porch with pumpkins and mums	\$\$	2 hours	
37	String a dried orange garland	\$	2 hours	
38	Make a leaf garland for the mantel	Free	1 hour	
39	Press leaves and frame them	\$	1 hour	
40	Carve a pumpkin	\$	1 hour	
41	Paint no-carve pumpkins	\$	1 hour	
42	Build a centrepiece from gourds	\$	30 min	
43	Swap the bedding to the warm flannel set	Free	20 min	
44	Set up a hot drinks station on the counter	\$	30 min	
45	Make a fall playlist	Free	30 min	
46	Print and frame a fall photo you took	\$	20 min	
47	Build a seasonal reading nook with a blanket and lamp	Free	30 min	
48	Build a candlelit mantel display	\$	45 min	
49	Make bookmarks from pressed leaves	\$	45 min	
50	Swap your wardrobe over to knits and boots	Free	1 hour	
51	Make a fall photo album or scrapbook	\$	2 hours	

Tick Sheet 4 of 6: Gatherings and Traditions

#	Idea	Cost	Time	Done
52	Host a Friendsgiving	\$\$\$	A weekend	
53	Invite the neighbours for a potluck	\$\$	An evening	
54	Have a family game night	Free	2 hours	
55	Host a Halloween party	\$\$	An evening	
56	Throw a bonfire with s'mores	\$\$	3 hours	
57	Go trick-or-treating	Free	2 hours	
58	Take the family photo for the winter card	Free	1 hour	
59	Hold a Halloween film night with a themed menu	\$	An evening	
60	Give the whole household a costume theme	\$\$	An evening	
61	Take a ghost tour or visit a historic house	\$	2 hours	
62	Host a pie-making contest	\$\$	An afternoon	
63	Start a Sunday dinner tradition	\$\$	2 hours	
64	Go to a high-school or college football game	\$	3 hours	
65	Visit a local festival or craft fair	\$	Half a day	
66	Take a weekend staycation	\$\$\$	2 nights	
67	Go to a drive-in or outdoor screening	\$	An evening	
68	Run a family bake-off with one secret ingredient	\$	1.5 hours	

Tick Sheet 5 of 6: Giving Back, Learning and Days Out

#	Idea	Cost	Time	Done
69	Start a gratitude jar	Free	20 min	
70	Write a letter to someone you love	Free	30 min	
71	Volunteer at a shelter or food bank	Free	3 hours	
72	Donate a bag of food to a food drive	\$	30 min	
73	Bake something for a neighbour	\$	2 hours	
74	Read a spooky novel by lamplight	\$	An evening	
75	Re-read a comfort book from childhood	\$	An evening	
76	Start a series read-aloud with the kids	Free	30 min nightly	
77	Learn one new soup or stew by heart	\$	1 hour	
78	Visit a local library for seasonal books	Free	1 hour	
79	Visit a botanical garden to see autumn arrive	\$	Half a day	
80	Explore a town near you that you have never visited	Free	Half a day	
81	Go to a local art gallery	\$	2 hours	
82	Attend a local music festival or outdoor concert	\$	An evening	
83	Do a fall-themed puzzle on the kitchen table	\$	A few evenings	
84	Write down ten quotes that feel like autumn	Free	30 min	

Tick Sheet 6 of 6: Slow Evenings, Solo and Screens-Off

#	Idea	Cost	Time	Done
85	Watch a whole show's autumn episodes in order	Free	An evening	
86	Have a board-game night with just two players	Free	2 hours	
87	Start a journal you only write in during October	\$	20 min nightly	
88	Take a long bath with the good salts	\$	1 hour	
89	Knit or felt a scarf for yourself	\$\$	A week of evenings	
90	Sew or no-sew a fleece blanket	\$\$	2 hours	
91	Build a blanket fort and watch a film inside it	Free	2 hours	
92	Have a candlelit dinner at home	\$	An evening	
93	Make one evening a week screen-free	Free	An evening	
94	Have a slow Sunday with no plans at all	Free	A day	
95	Take a solo coffee walk in the cold	\$	45 min	
96	Write a list of what you want from the season	Free	30 min	
97	Deep clean one room for the new season	Free	3 hours	
98	Build a blanket nest and read all afternoon	Free	An afternoon	
99	Pop popcorn on the stove for a film night	\$	15 min	
100	Plan next year's list before this season ends	Free	1 hour	

The Ten-Ten Rule

Ten must-dos with a date beside them, and ten maybes for the weeks that open up. Everything else comes off the list for this year, and that is the whole point of the exercise.

#	My must-do	Date	Booked?
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

The Maybe Ten

#	Kept in reserve	Falls back to
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

The Starter Five

For the week that gets away from you. Any one of these takes under an hour and still makes the season feel marked.

- | | |
|---|--|
| 1. Jump in a pile of leaves | Free, twenty minutes, works at any age from three to eighty. Rake it properly first if you want the full effect. |
| 2. Make mulled cider on the hob | One pan, apple cider, a few cloves and a cinnamon stick. The house smells like autumn for the rest of the evening. |
| 3. Take a photography walk | One hour, no plan, one colour. You come home with something worth framing and you have been outside. |
| 4. Start a gratitude jar | Twenty minutes to set up, then one slip of paper a day all season. The best value on the whole list. |
| 5. Have a candlelit dinner at home | No cooking project, no guests, no cost. Just the lights off and the candles out on an ordinary Tuesday. |

Cost and Effort Scorecard

Band	What it means	On the list
Free	No spend beyond what is already in the house	36 of 100
\$	Under about twenty pounds in total	47 of 100
\$\$	A proper outing or a big bake, twenty to sixty	15 of 100
\$\$\$	A deliberate splurge — a trip or a hosted meal	2 of 100

More than a third of the list costs nothing at all. If the season is starting to feel expensive, work the free band first and you will still have a full autumn.

The Sunday Reset

- Look at the week ahead and name the one open evening or afternoon.
- Pick one idea from your must-do ten that fits that slot and put it in the calendar now.
- Check the weather for that day and name the swap if it turns.
- Tick anything you finished on the sheets and write one line about it in the memory log.
- If nothing got done this week, that is allowed. Choose one small idea for next week and move on.

Rainy-Day Swap Cards

Cut along the lines and keep these with the planner. Each card is the wet-weather version of an outdoor plan.

Instead of apple picking	Bake an apple pie from scratch, or make applesauce on the stove and eat it warm with yoghurt.
Instead of a woodland walk	Do the jigsaw puzzle on the kitchen table, or press the leaves you already collected and frame them.
Instead of a bonfire	Make mulled cider on the hob and hold the Halloween film night with the themed menu instead.
Instead of the pumpkin patch	Carve or paint the pumpkins you already have and set up the candlelit mantel display.
Instead of a picnic	Build a blanket fort in the front room and have the picnic inside it.
Instead of a festival	Host the board-game night, or start the Sunday dinner tradition a week early.

Memory Log

One line per thing you actually did. This is the page you will want to read again next September.

Date	What we did	Who was there	Worth repeating?

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